



From Mexico City to India to Oberlech



Front: Leonie Höcher, Beautician and Podiatrist
Back: Christiane Schwach, Massage Therapist

When asked how that works, Christiane gives us, in her special way, the following answer: "Actually, it's really easy. I went to India to train as an Ayurveda massage therapist and Yoga teacher. A friend of mine told me about the internet site www.hogastjob.com. The position at Burg immediately caught my eye. I sent my application and then got an interview with our boss, Mrs Lucian."

The BURG?

"As soon as I told friends, my parents and acquaintances about my application with BURG, it became apparent what kind of hotel I was actually going for an interview for. Of course, I did some research online as well before the interview."

The Lucian family?

"Once I started with my online research, I found out that the Lucian family built the underground tunnel system in Oberlech which means that our cosy village is now car free. I think this is simply genius. In general, the Lucian family is so considerate of the environment. The district heating station is another project which is simply fascinating. My bosses really gave the tourism in Oberlech a kick-start."

Your perfect day?

"My perfect day (mostly Saturdays) starts with a big breakfast, then I put my snowboard on and end the day with some Apres Ski with Olli at our ice bar. But the highlight for me is the toboggan run. With floodlight after apres ski we head to Lech on a "Zipfelbob", this is hard to beat."

Fascination BURG?

What I find so fascinating about working at Burg is that all the staff is so nice, we have such a wonderful working atmosphere. What I found the most surprising was that I could sign my employment contract with BURG immediately after speaking with Mrs Lucian.

I also absolutely love our guests who I get to know when I give them a massage. And what is simply unique is the position of the Burg, you simply could not be closer to the slopes if you tried."

Von Ludesch to Vienna via London to Oberlech

Leonie is a genuine girl from Ludesch*. Here is a quick glance at her career. Three years apprenticeship for beautician and podiatrist, a further year spent in the training company, a short stay in Vienna and London and then the start at BURG at the end of November 2010.

When asked, if she could give us three reasons why she liked working at Burg, she replied: "To be honest, I never had such a panoramic view when looking out of the window while working. The view of the Ruefikopf covered deep in snow is simply stunning. The equipment is sensational. I think everyone is the same that if the "tools" and the workplace are great, then it simply can only be fun to work. And then there is also that I am the only beautician at BURG. The responsibility is a great motivator."

Leonie started at the same time as Christiane. Insiders call the duo the dream team of the BURG and that the guests often not only use their service once but come back for seconds or thirds - naturally a great compliment for the two. Often the guests already book their wellness package with the ladies for the next holiday before they leave.

BURG's dream team?

"Friedl and Klaus complement our dream team. The guys are in charge of the infusion in the sauna. On Fridays, the guys offer a sugar vanilla peeling. Christine chatted with one of the guests at the bar once who told her about the great sauna infusions."

Your personal highlights?

"A great experience was also our short appearance in a report for the ARD (German TV station) program "Brisant". Since then we get our guest lists from reception with the

note "to the film stars". At times the guest list may be addressed to the "Spa-Bunnies". This is a lovely testimony to our great working atmosphere. And the food is naturally a highlight too. "Especially when the ladies and gentlemen in the kitchen magic up their world famous beef tartar for us," agree both ladies immediately.

And the BURG climate?

"Here in the spa it's always summer, we just don't get a tan," says the duo while laughing, commenting at the rooms which have a constant temperature of 25 degrees. When we asked them what they like about their boss, both answer at the same time: "Our boss looks after us like a mother. No matter what is happening, she is always there for us."

* Ludesch is a Vorarlberg village in Walgau, not far from Lech.



Sabine Kornberger

Trainee chef in the Burghotel kitchen, took part under the guidance of Christoph Geschwendtner in the 47th National Trainee Competition in the category of Chef and won the gold medal. Congratulations from the Lucian family and the entire team!

BURG summer highlights 2011

Canyoning adventure through fascinating canyons

Canyoning, the fascinating nature sport adventure becomes an all-round adventure day in Warth-Schroecken.

Smooth washed out rocks, walls deeply carved into the ground, diverse ranges of canyons and countless waterfalls – ideal for an exciting canyoning adventure. Each canyoning day in Warth-Schroecken is a fascinating experience for any active holiday maker, giving a wide range of new landscape perspectives and the required portion of adrenalin – guided by certified guides and with standard equipment.

The participants get taught the right step and abseiling techniques by experienced canyoning guides as part of the dry land training before it goes down the waterfall. The active holiday maker then gets to experience this unique sport whilst being kept safe by the guides. The only thing you need to bring are good body fitness, swimming things and sports shoes.

Canyoning tours around Warth-Schroecken

"Hard Rock I-IV"

Small slide, climbs, 6-8 waterfalls, highlight is the 40 m high waterfall

"Autumn milk"

Unique trilogy of slides, waterfalls and finally a jump

"Merlins World"

Landscape wise one of the most beautiful tours in Vorarlberg, especially for beginner

"Bodenalpe Canyon"

Difficulty B/C. Wonderful deep cut in canyon with great view of the Lech and the surrounding mountain world. Action is guaranteed at the 35 m high waterfall for abseiling.

"Spuller-Canyon"

Difficulty A. Beautiful canyon for beginners and family with small abseiling places (5 m). Possible to quit at any time.

"Zürser Canyon"

Difficulty C. Requirements: No fear of heights and good physical fitness condition for 5–6 hours. Great all day tour with abseiling places of up to 45 meter. Demanding on physical fitness.

Kid's canyoning - Kids conquer the canyons around Warth-Schroecken

Kids can do their first steps in the canyons around Warth-Schroecken when they are 7 years old. The beginnings are very easy in tours tailor made for children and families.

This mini canyoning tour is the best adventure for kids, mums and dads since for this type of sport team spirit and mutual trust is an important factor.

A tour can be selected individually for each group depending on sportiness, experience and skills.



Canyoning operators:

Holzschopf Outdoor & More
Jürgen Strolz
A-6888 Schröcken 37
Mobile phone 0043 676 3801540
www.canyoningguide.com

The paradise on Earth can be experienced in nature



The pleasant and certified mountain guides of Lech's Alpine Centre tell you in a very charming way about the importance of the alpine region "Lech-Zuers" and in a broader sense the entire nature for us humans. For most guests these hours spent in nature offer a completely new and impressive way to access nature whilst using adventure courses, abseiling, flying fox, swing, playing and combined with lots of fun. The routes of Lech's Alpine Centre range from gentle hiking routes to summit tours to breathtaking alpine paths.

Climbing in the region

There are many options in the Lech and Zuers at Arlberg region to learn to climb or to hike - demanding routes or via ferratas – on small bedrocks as well as on alpine walls.

Climbing courses for beginners and advanced

Anyone who has some base fitness will find a lot of joy in climbing. Lech's Alpine Centre offers a broad range of courses – for beginners to advanced.

Information and contact:

Alpincenter Lech
A-6764 Lech am Arlberg
phone: +43 (0)5583-39880
mail: info@alpincenter-lech.at
web: www.alpincenter-lech.at

Mountain biking in Arlberg

The Arlberg region is really a paradise for all mountain biking fans! A total of 200 km of mountain bike routes and ways in different difficulty levels ensure variety. The mountain bike routes are well sign-posted and marked.

The most popular mountain bike tours include:

– Spullersee Tour: Lech – Zug – toll road Zugertal (car free) – Spullersee and back.
Length: 30 km Difference in altitude: 400 m easy (also possible with normal bike)

– Formarinsee Tour: Lech – Zug – toll road Zugertal (car free) – Formarinsee and back. Length: 31 km Difference in altitude: 425 m easy (also possible with normal bike)

– Kriegsattel Tour: Lech – Oberlech – Grubenalpe – Kriegsattel

(2000 m) – Zugertobel – Zug – Lech.

Length: 12 km, Difference in altitude: 550 m, difficult

Mountain bike hire:

Directly with us at BURG or in Lech at Sportalp, phone: +43 (0)5583 2110.

Guided mountain bike tours

The alpine center offers guided mountain bike tours. Registration and booking under: 0043 664 7887723, or info@alpincenter-lech.at

Bike tours in Lechtal

You can take your bike with you into the Lechtal using the Lechtal coach service. You ride over large distances directly next to the Lech river or through alluvial forests. Those who ride the entire distance hardly have to cope with difference in altitude despite

the long distance – approx. 300 m between Forchach and Steeg – so this is easily achievable. And if you would still like an easier ride, simply take the route from Steeg downstream towards Forchach which requires hardly any effort. And on the way back you can take the bus. www.lechtal.at



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