



B U R G
BEAUTY & WELL-BEING

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Burg

OBERLECH | ARLBERG

HOTEL





Pamper & relaxation packages
Beauty experiences for your face
Only for men
Beauty specials
Body treatments
Thalasso
Ayurveda
Massages

Pamper & relaxation packages

BURG DE LUXE

- 'Magical mountains' facial treatment
 - Evening primrose oil bath
 - Luxury manicure
 - Luxury pedicure
 - Thermal treatment for the back
 - Part-body massage & reflexology massage € 412.00
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THALASSO TASTER DAYS

- Full-body brush treatment
 - Full-body peel with almond oil and sea salt
 - Sea Essential – algae pack
 - Orange blossom bath in flotation bath
 - Part-body massage & reflexology massage € 279.00
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APRES SPORT VITALITY

- Classic back massage 25 mins
 - Abhyanga 50 mins
 - Reflexology massage 50 mins € 172.00
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BEAUTY FOR HER

- 'Magical mountains' facial treatment
 - Luxury pedicure
 - Aromatherapy massage 25 mins € 196.00
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BEAUTY FOR HIM

- 'Only for him' facial treatment
- Luxury pedicure
- Sports massage 25 mins € 196.00

Beauty experiences for your face

BABOR - NATURE. SCIENCE. BEAUTY.

BARBOR has been conducting research into human skin for the last 50 years and has developed some comprehensive care concepts in harmony with nature which enhance well-being and highlight individual beauty to the optimum. Based on the BARBOR philosophy, which combines the very best of nature with the latest discoveries from the world of science, BARBOR products primarily contain natural active ingredients of plant origin.

These products are developed based on well-founded internal research into active substances, taking care to protect the species.

The high level of purity and quality of the ingredients is reflected in an impressive effect and exceptional compatibility with the skin. This has been regularly confirmed by independent dermatological and clinical testing and by numerous BARBOR customers across the world.

All of the applications are carried out using high quality BARBOR products and contain the following treatments:
2-phase cleansing, facial peel, vitality test, deep cleansing, concentrated active ingredients, face and neck massage, face mask, final care treatment.

Beauty experiences for your face

ENDLESS BEAUTY – BABOR SeaCreation

Discover the secret of eternal youth.

Submerge yourself in an ocean of luxury.

Original active ingredients from the depths of the sea offer eternal beauty. One of them, a virtually magical substance extracted from thermophilic organisms, supplies the skin with energy, promotes the growth of new cells (keratocytes) and supplies the skin with beauty in its purest form. Skin cells are formed in greater numbers as well as being rejuvenated and renewed.

These cells are also supported in their ascent to the upper layers of the skin.

Listen to the roaring of the sea and enjoy being spoiled by this special luxury massage which is applied to selected muscles. The skin becomes soft and smooth and appears visibly refreshed, radiant with a new beauty.

110 mins	€ 173.00
Incl. lifting Seacreation creme	€ 479.00

**THE SECRET OF YOUTHFUL SKIN –
HSR®DE LUXE OR HSR®PLATINIUM TREATMENT**

The ultimate power lift for skin in women over 30.

It's not just wrinkles which give away your age. Redness and pigment disorders can accompany wrinkles. The contours of your skin will also become less firm over time.

The HSR DE LUXE anti-ageing treatment helps combat all signs of skin ageing. Experience a visibly smoother, firmer and more youthful and radiant complexion. The contours of your face will also feel distinctly firmer.

Incl. a special skin care experience for use at home.

110 mins	€ 145.00
50 mins	€ 89.00

Beauty experiences for your face

'MAGICAL MOUNTAINS' BARBORGANIC

100% pleasure... all natural

The products in this sophisticated and organic range are based exclusively on natural active ingredients from the untouched Alpine world.

The products contain:

Natural perfume and edelweiss extract, cuckoo flower oil from controlled organic farming and plant-based emulsifying agents.

The recipes have been developed to be free from:

- artificial colourings or perfumes
- animal raw materials
- contents based on mineral oils
- paraffin, PEGs or parabens
- irradiated ingredients
- genetically modified raw materials

For an even, fresh, radiant, youthful and healthier complexion. Leave the stresses of everyday life behind you and experience beauty in its purest form: Bab-organic treatments include an exceptional massage using genuine mountain crystals. A pure pampering experience.

80 mins	€ 119.00
50 mins	€ 89.00

CARE TREATMENT FOR YOUNG SKIN

A treatment for impure skin. Intensive cleansing, peeling, a face mask for clearer skin and final care treatment.

50 mins

€ 89.00

SPECIAL EYE TREATMENT

The delicate area around the eye requires special care. Wrinkles, crow's feet and bags and puffiness under the eyes are reduced. Visible proof of the effectiveness of the treatment is provided in the form of sparkling healthy-looking eyes.

25 mins

€ 42.00

Only for Men

BAROR MEN

The powerful and energising formula of active ingredients contained in Babor men's products increases the performance and resistance of the skin.

At the same time, sophisticated treatments specially adapted to suit the requirements of male skin fortify and activate the body, mind and soul and drive away and feelings of fatigue and stress.

The elasticity and resistance of the skin is increased, leaving behind an attractive complexion.

80 mins	€ 119.00
50 mins	€ 89.00

Beauty Specials

MANICURE

incl. varnish approx. 40 mins € 38.00

LUXURY MANICURE

With peel and paraffin pack approx. 50 mins € 48.00

GEL NAILS

New set using French Gel

Natural nails and extended and reinforced using gel

approx. 1 1/2 hrs € 89.00

GEL NAIL REFILLS approx. 1 ¼ hrs € 74.00

PEDICURE

incl. varnish approx. 50 mins € 56.00

LUXURY PEDICURE

With peel and foot pack approx. 55 mins € 61.00

DEPILATION

Top lip € 9.00

Arm pits € 18.00

Bikini zone € 28.00

Leg down to knee € 38.00

Full leg € 48.00

Men – back or chest € 38.00

COLOURING

Eyebrow tint € 12.00

Eyelash tint € 15.00

Eyebrows & eyelashes € 25.00

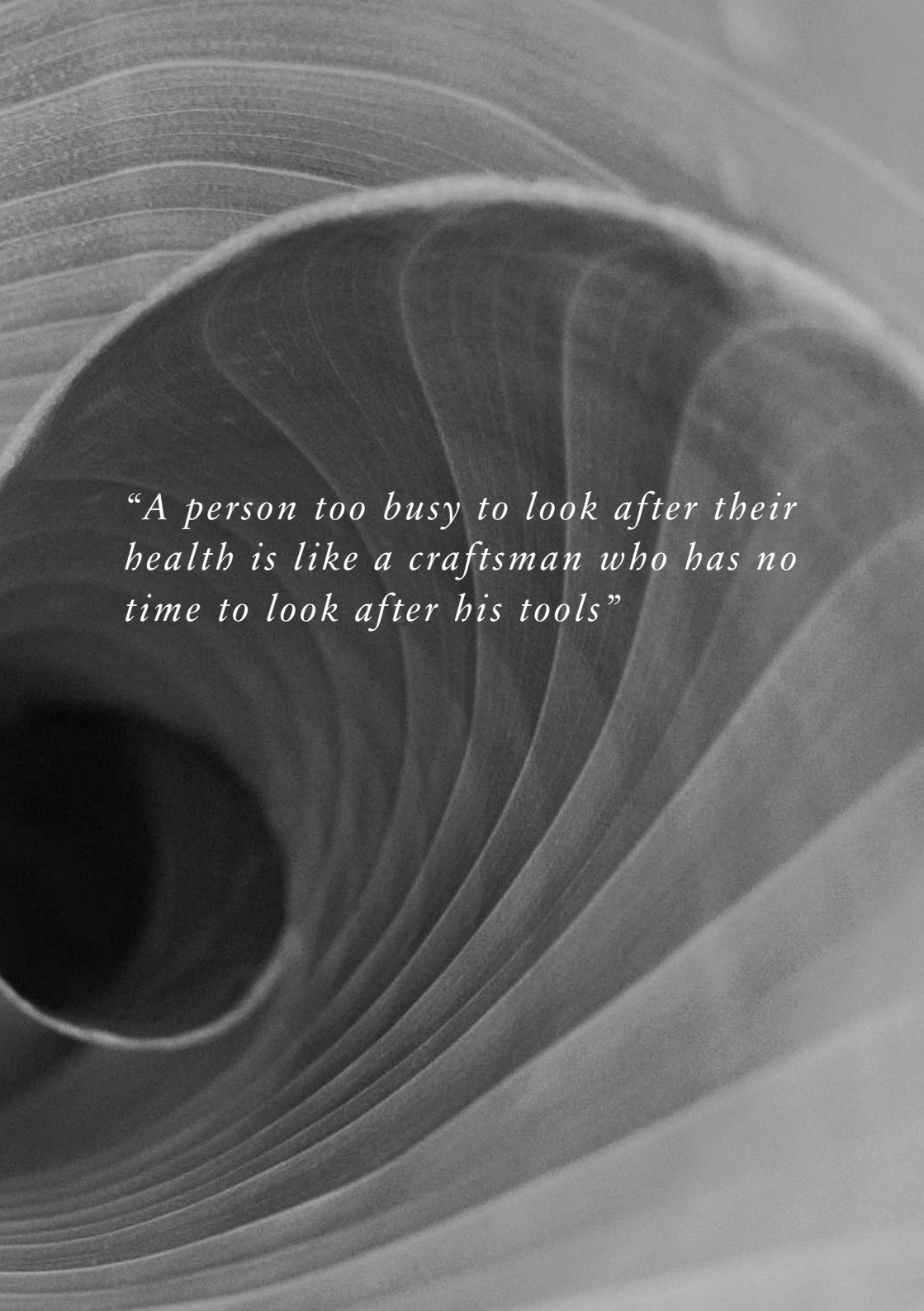
Eyebrow pluck € 10.00

RADIANCE THROUGHOUT THE DAY

Day make-up € 32.00

Evening make-up € 41.00





“A person too busy to look after their health is like a craftsman who has no time to look after his tools”

Body treatments

THERMAL TREATMENT FOR THE BACK

This thermal massage treatment stimulates the circulation, relieves the back of any minor tensions and relaxes the muscles. You can also enjoy a relaxing neck and facial massage at the same time.

approx. 50 mins € 75.00

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COOL BODY STYLING MASK - Babor

Firms and shapes the silhouette by removing any undesirable deposits and waste substances from the tissues and firming the tissues.

- Algae peel
- Dry brushing of problem areas
- Firming body mask

approx. 50 mins € 79.00

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ORANGE BLOSSOM BATH

In flotation bath.

Vitamin C is an important supplier of nutrients to the skin, regulates cell division and has a rejuvenating and very soothing effect.

- Full-body peel
- Body pack in flotation bath
- Short aromatherapy massage

approx. 50 mins € 79.00

EVENING PRIMROSE OIL CREAM BATH

In flotation bath.

The precious extract from this flower invigorates and refreshes the skin. The treatment has a moisturising and cell-activating effect, helps prevent ageing of the skin and provides renewed elasticity.

Soothes skin irritations and neurodermatitis.

- Full-body peel with sea salt and almond oil

- Cream bath in flotation bath.

approx. 50 mins

€ 79.00

VITAMIN A-C-E BODY TREATMENT - Babor

Free your body from small patches of dry skin and submerge yourself in vitamins which will make your skin soft and smooth again – with a full-body peel and vitamin pack in the flotation bath.

approx. 50 mins

€ 79.00

Thalasso

All life comes from the sea. Thalasso teachings are based on this theory. We work with natural and physiological active substances such as algae, sea salt and volcanic mud.

VOLCANIC HEAT PACK BODY - Babor

Your entire body will be wrapped in a self-warming volcanic mud pack and kept cosy and warm. The volcanic mud regenerates the skin and muscles and improves joint problems, relaxes the muscles, firms the skin and stimulates the circulation.

- Full-body brush treatment
- Body peel with almond oil and sea salt
- Volcanic mud pack in flotation bath.
- Final treatment with intensive moisturising care.

approx. 75 mins

€ 118.00

SEA ESSENTIEL MARTIN MINCEUR - Phytomer

Full-body algae pack with figure-enhancing active substances from the sea which break down fat, detoxify and firm the body and drain away excess water.

- Full-body brush treatment
- Full-body algae peel
- Algae pack in flotation bath.
- Moisturising effect with individually tailored special care treatment.

approx. 75 mins

€ 118.00

Ayurveda

Ancient knowledge for today's world. Ayurveda comes from the Vedic advanced civilisation of India and is the oldest and most comprehensive health system in the world. 'AYUR' means life and 'VEDA' is living knowledge and translated means 'science of life'. The aim of Ayurveda is to achieve zest for life, health and youth. Health refers to the whole – harmony between the body, mind, behaviour and surroundings.

ABHYANGA

This traditional Ayurvedic oil treatment is known as the 'Queen of the massages'. The deep massage results in detoxification, cell renewal and a strengthening of the immune system. At the same time, the skin is rejuvenated and provided with the nutrients it needs.

50 mins	€ 89.00
80 mins	€ 128.00

GARSHAN

A relaxing and balancing full-body massage using a special raw silk glove. Can be used to break down fat and gently stimulate and activate the metabolism and lymph glands. The peel also removes any dead skin cells.

50 mins	€ 89.00
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Ayurveda

SHIROABHYANGA

A stimulating and strengthening massage of the neck and shoulder muscles, scalp and face. Tensions are relieved and the organs and lymph glands stimulated. The head massage reduces stress, relieves physical blockages and creates a feeling of rest and soothing relaxation.

50 mins

€ 89.00

UPANAHASHVEDA PRISHTA

An intensive massage of the back muscles and neck and shoulder region using regenerating oils. Tensions and deposits in the muscles are relieved, supporting the regeneration of the intervertebral discs and joints. The activation of various Marma vitality points strengthens and soothes the nervous system and creates a feeling of rest and relaxation.

50 mins

€ 89.00

PADABHYANGA

An effective foot massage which has a fortifying and renewing effect on the entire body.

- Improves sleep
- Stabilising effect on nervousness
- Invigorating effect in the event of physical exhaustion
- Acts on dry cracked skin

50 mins

€ 84.00

Massages

LOMI LOMI – HAWAIIAN MASSAGE

This is known as the ‘temple massage of Queens’.

Lomi is the Hawaiian expression for ‘press, knead, rub’. The massage technique uses the underarms and sometimes also the elbows – this enables powerful force to be applied which properly relieves tension.

75 mins

€ 119.00

HOT STONE

Hot Stone therapy is a fascinating combination of massage, energy work and the soothing effect of warm stones. The effects of this treatment are not just limited to physical issues; they also restore psychological and mental balance. The entire body is charged with new energy and vitality.

75 mins

€ 119.00

REBALANCING

The re-establishment of balance between the body, mind and soul. The muscles are relaxed, stretched and massaged while the joints are mobilised and more scope for movement is created by massaging the connective tissues. Tensions are relieved, the body’s own self-healing powers activated and the circulation stimulated. The penetrating and deliberate contact applied opens up pathways to new physical awareness and has a revitalising effect.

50 mins

€ 79.00

80 mins

€ 119.00

Massages

CLASSIC MASSAGE

Back or leg massage 25 mins	€ 38.00
Full-body 50 mins	€ 64.00

AROMA MASSAGE

Balancing, soothing or relaxing, by request; uses aromatic fragrances.

Back or leg 25 mins	€ 41.00
Full-body 50 mins	€ 67.00

REFLEXOLOGY MASSAGE

25 mins	€ 38.00
50 mins	€ 64.00

COMBI-MASSAGE

Reflexology massage combined with a classic back massage. 50 mins	€ 64.00
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HHP MASSAGE COUCH

Andullation

Andullation therapy is a specific massage therapy technique for producing biological resonance vibrations. Various diseases and complaints can be treated using changing frequencies.

The aim of andullation therapy is to re-establish, maintain or optimise the natural metabolic processes. Blockages, poor circulation and reduced metabolism are relieved or stimulated.

- Cellulite treatment
- Tissue firming
- Cell regeneration
- Stimulates the metabolism
- Deep relaxation
- Weight reduction
- Detox, purification

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30 mins

€ 15.00

Terms of cancellation

Cancellations of booked treatments must be made at the latest 8 hours before the appointment time. Cancellations will be confirmed by our reception team. Please note that any cancellations made after this time will be charged.



BABOR



LUCIAN FAMILY

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